

DermaCare Laser Hair Removal

Pre-Treatment

- Whilst undergoing a course of laser hair removal treatments, you may shave, trim or use a depilatory cream, however it is best to avoid any hair removal methods for at least 2 days prior to and 1 week post laser hair removal treatment.
- It is important to refrain from waxing, plucking or bleaching the treatment area, as this will not allow for treatment efficacy.
- It is also best to avoid exfoliating the treatment area at least 3 days prior to and 1 week after treatment to enable adequate healing post treatment.
- Any lotions, perfumes, after shave or creams must not be applied on the day of laser hair removal treatment.
- Make-up may be worn post laser hair removal treatment, however it is best to use a mineral based make-up to allow adequate skin recovery post treatment.
- After laser hair removal treatment, the area may appear red, blotchy, swollen, warm and itchy. You may also notice peri follicular inflammation, which is the swelling around the hair follicles. This will create a lumpy, swollen appearance of the skin and is an absolutely normal response post treatment. It is important to reapply refrigerated aloe vera and cold packs to the area for 1-3 days post treatment to enable adequate recovery.
- The treated hair follicles will remain stuck beneath the skin surface until the body's natural cellular cycle pushes them out. It is recommended to regularly and gently exfoliate the skin from 2 weeks post laser hair removal treatment in order to assist shedding of the treated hair follicles.
- It is important to sun protect the skin whilst undergoing a course of laser treatments. This includes daily application of sunscreen and abstaining from sun bathing and solarium use. Fake tans may be applied, however must be completely scrubbed off prior to your scheduled treatment.
- Any exfoliative skin care products, such as Vitamin A/Retinol, Lactic acid, Glycolic acid, must be ceased for at least 3 days prior to and post laser treatment.
- Ensure no waxing, electrolysis or laser hair reduction on the affected area for 1 week pre and post-laser treatment.
- It is important to notify the medical practitioner of any prescription medication you are currently taking, as some forms of medication may conflict with the treatment safety.